

# HOLY STROKE

“A CHANGE IS GONNA COME...”

## What is a Stroke?

Do you know what a stroke is? Did you know that South Carolina has one of the highest rates of stroke in the ENTIRE WORLD?

Join us for a free educational talk given by an expert, Dr. Anil Yallapragada! Dr. Yallapragada is *the* go to guy when it comes to strokes! Don't miss this amazing opportunity to hear him talk and ask questions! Don't be shy, he loves to teach and make our community healthier!

## What are the signs?

Come and learn everything you need to know about what to do when you think someone is having a stroke! You could save a life!

## Are you at risk?

Get your **free health screening** for stroke risk factors! We will even do your blood work to screen for diabetes and check your cholesterol free of charge!

**JOIN us on *Sunday, October 1, 2017* for a day of fun, free stroke prevention education with the community at *Second Nazareth Baptist Church!*** That's right, "a change is gonna come!" And the change starts with you! Bring the whole family to help us spread stroke awareness in our community!



**HOLY STROKE** is a team of volunteers with one goal in mind: preventing stroke in our community one church at a time! We want to give you the power to improve your health and reduce your risk of stroke. Our team is dedicated to providing stroke education, offering free health screenings and giving you questions to ask your doctor at your next checkup. We are not just health care promoters; we are your neighbors who care about you.